

Hope

## Adult Treatment & Recovery Program

Clinical services are provided for individuals suffering with the disease of addiction. Personally designed program plans are developed with great care to provide the necessary counseling and support systems to assist the chemically dependent individual achieve and maintain abstinence and recovery.

## Adolescent Treatment & Recovery Program

Sensitive to the special needs of adolescents, Tempo Group's Adolescent program is specifically designed for the teenager who is experiencing difficulty managing their life due to substance use. Tempo's commitment is to work with adolescents and their families by surrounding them with the supports necessary to negotiate troubled times. Participants are provided with educational services, the support of self-help programs as well as individual, group and family counseling.

## Training & Education Program

Tempo Group is a NYS Office of Alcoholism and Substance Abuse Services certified education and training provider. Training is offered for professionals in the field of substance abuse treatment. Trainings are held at our agency, and arrangements can be made to provide trainings at other facilities. Additionally, Tempo Group's skilled and professional staff members are available to provide education regarding substance abuse prevention, intervention and treatment to your company's Human Resources and/or Employee Assistance Programs. Upon request, we can design and provide an educational program to meet your company's needs.

Our locations:

112 Franklin Place  
Woodmere, NY 11598

1260 Meadowbrook Road  
N. Merrick, NY 11566

23 Willis Avenue  
Syosset, NY 11791

Phone 516-374-3671

Fax 516-374-7864

Email: [info@Tempogroup.org](mailto:info@Tempogroup.org)



Cindy Wolff, LCSW, CASAC  
Executive Director

Monday-Thursday 9 am-9 pm  
Friday 9 am-5 pm

24 hour telephone availability

Most insurance plans accepted. Sliding scale fee plans are available. Patients will not be denied services based on ability to pay.



HELPING  
FAMILIES HEAL



For over 40 years **Tempo Group**,  
a non-profit community based counseling center,  
has been addressing the concerns of youth, adults and families. Tempo Group has developed prevention, education, intervention and treatment programs in all areas with regard to substance abuse and related family issues.

## Tempo Group Facts

Established in 1968, a New York State Licensed not-for-profit, medically supervised agency. Tempo Group continues to treat and educate families in our community with regard to chemical dependency and family life issues.

Through our family systems approach we are able to help patients and their families obtain and maintain a successful recovery process. Our family model recognizes that recovery is dependent on both the patient and on their support system. At Tempo Group, our programs include family consultations and assessments. We provide education and treatment for families and "significant others". We remain available to our families 24 hours a day.

## Treatment Services & Specialties

- Individual, Family and Group Counseling
- Comprehensive Assessment and Referral Services
- Significant Other Education and Treatment
- Psychiatric Consultation and Medical Management
- Gender Specific Groups
- Age Specific Groups
- DWI Assessment and Treatment
- Co-Occurring Disorder Groups

All services are provided by a licensed professional. Tempo Group is always striving to offer cutting-edge treatment for our patients and their families. We strive to help patients develop competencies in emotional, physical and cognitive domains.

## Services Education Programs

### Prevention and Parenting Programs

Our Prevention program provides parents and teens an opportunity to come together to resolve what could be one of the greatest concerns facing the family: Teen Drug and Alcohol Use. This program is specially geared towards at-risk youths and their families. It is designed to provide an arena for shared learning and discussion around personal values and concerns relating to substance use and teens. We offer multifamily group, individual and family prevention services. Additionally, the Margaret Basner Parenting Center, is a wellness center for parents with children of all ages.

The Parenting Center is an educational resource center. Workshops include practical techniques and workable strategies for the everyday situations that arise for parents in today's stressful and rapidly changing world. Parent educational programs are also brought directly to the community.

### Youth Services Center

A social and recreational program for youth-at-risk. The Youth Center has been deemed a "Center for Alternatives". These students participate in programs including community service projects. The Center plays an important role in developing positive peer relationships and building a youngster's sense of self-esteem and worth.

### Family Education and Treatment Program

Parents, children, spouses and other loved ones are educated about the nature of chemical dependency. An initial educational series, about the disease, begins to give family members an understanding of the illness and serves as a compassionate arena in which to voice their feelings. The group process offers family members and loved ones access to professional counseling. We offer specialty groups for parents, spouses, children of substance abusers (COSA) as well as siblings of substance abusers. COSA and sibling treatment specifically works with children to identify and express their feelings, and to build social and coping skills to prevent the repetitive family cycle of addiction.